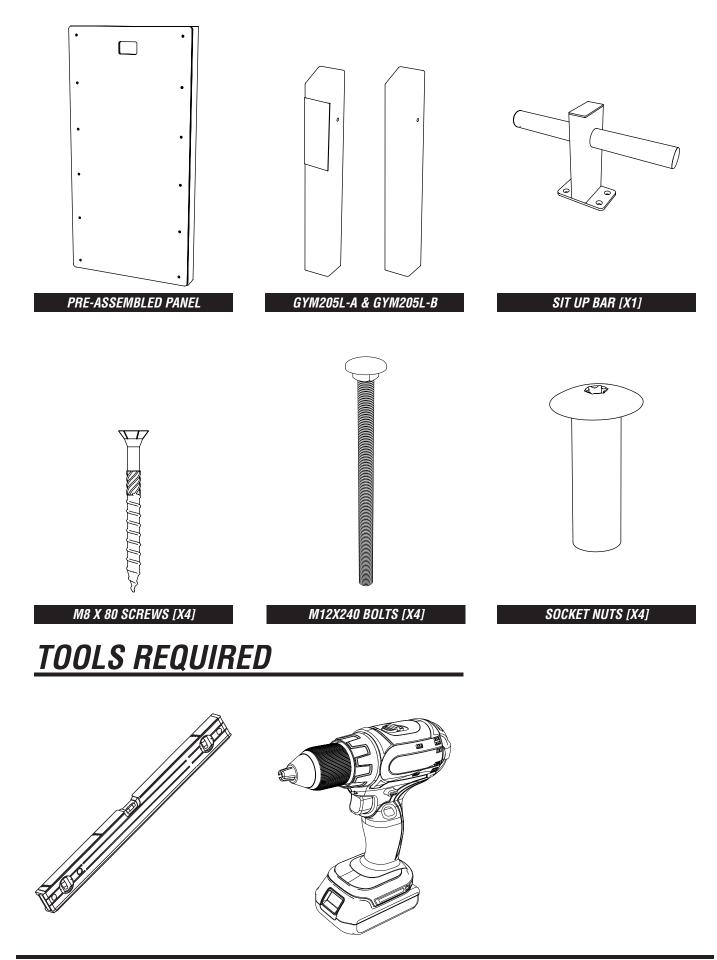
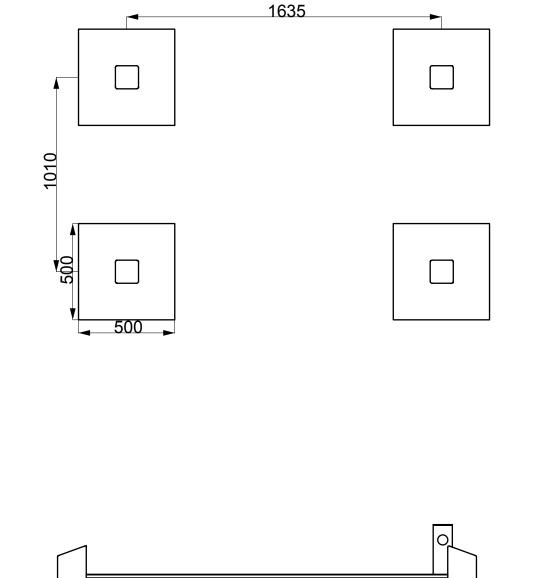


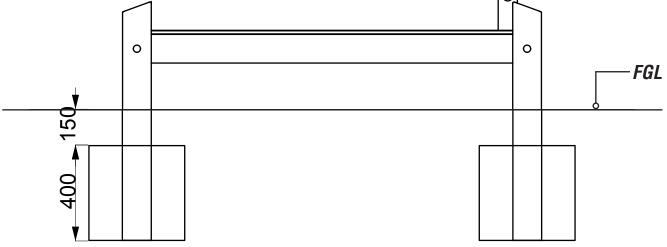
PARTS REQUIRED



REF: GYM205L - SIT UPS - ADULT

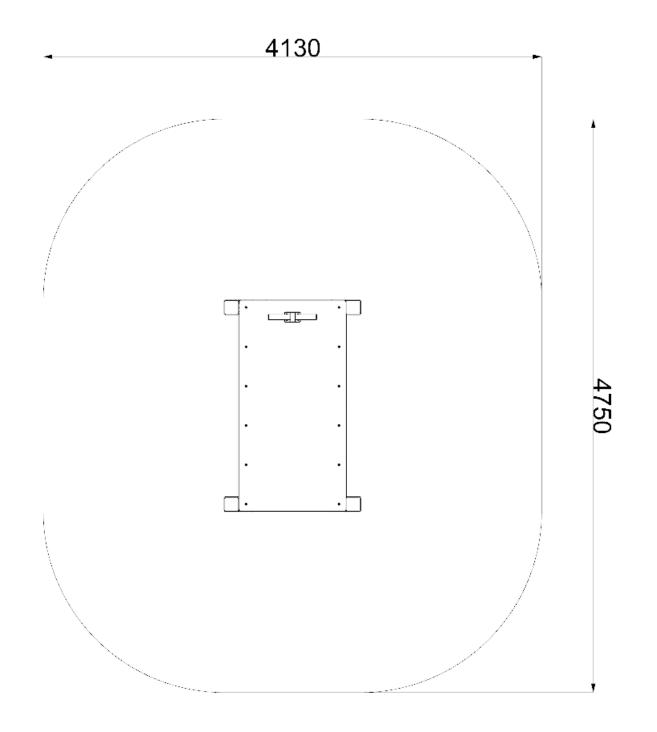
FOUNDATION DETAIL





REF: GYM205L - SIT UPS - ADULT

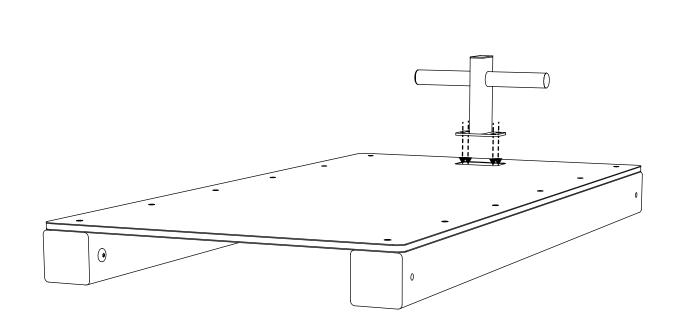
----- = EN16630 STANDARD ----- = EN11-76/77 STANDARD



INSTALLATION INSTRUCTIONS

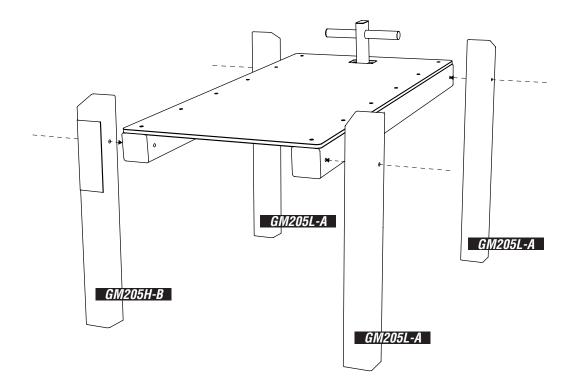
USING M8X80 SCREWS

ATTACH SIT UP BAR TO PRE-ASSEBLED PANEL





ATTACH PRE-ASSEMBLED PANEL TO GM205H-A AND GM205H-B USING M12X240 BOLTS AND SOCKET NUTS

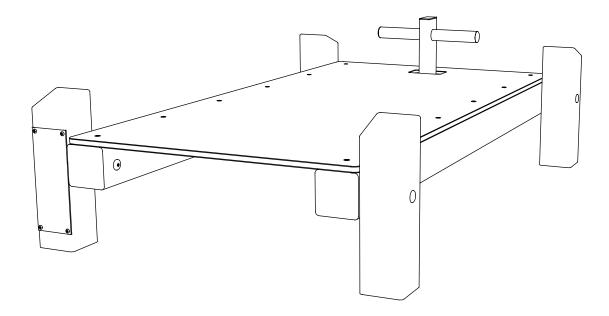


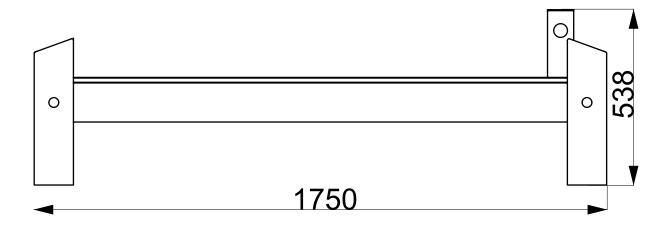
REF: GYM205L - SIT UPS - ADULT

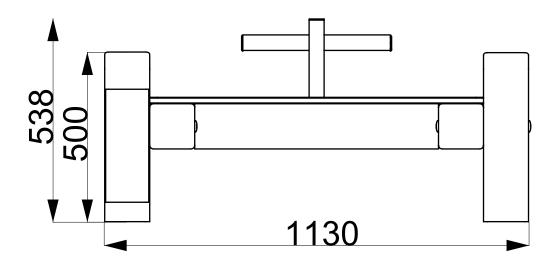
INSTALLATION INSTRUCTIONS



3 INSTALL GM205L INTO THE GROUND







REF: GYM205L - SIT UPS - ADULT